

Early and Ongoing Discovery of Individual Risk Factors Associated with Struggling Veterans and Suicide

ClearForce is a global risk management company that provides a state-of-the-art, real-time behavioral risk monitoring platform that is easy to deploy and operate. The ClearForce platform discovers individuals who are at an elevated risk of pressure and stress that creates risk to their organization, coworkers, or customers; or places them at elevated risk for self-harm or suicide.

ClearForce translates organizational policy, procedures, and best practices into the real-time monitoring of the most comprehensive sources of known stressors and indicators of high-risk and concerning individual behavior often identified in social media, criminal, court, and financial data. In additional to these external "triggers" and "pointers", ClearForce integrates internal organizational data including peer and self-reporting, other electronic or personnel reports to ensure a complete and integrated coverage of key individual behavior with enhanced context.

Robust, yet focused real-time monitoring is critical for the early and ongoing discovery of concerning behaviors to enable preemptive and supportive engagement by leadership to course-correct personnel issues before they manifest as serious problems. ClearForce does not approach risk as a big data problem with vast searches prone to false positives/negatives, rather focuses on the most timely and relevant information that enables early discovery of individual pressure and stress as defined by organizational risk policy and thresholds. Each alerting source and policy threshold can be configured at a group level or down to the individual, all informed by evidence based best practices.

In addition to the real-time discovery of concerning behaviors or events through push-based alerts, ClearForce provides a standardized legally compliant and secure workflow capability to enable organizations to identify patterns of individual behavior that viewed alone may initially seem inconsequential, but in aggregate point to early intervention opportunities. Most importantly, ClearForce supports organizational "trust" through the consistent application of regulatory and organizational policy compliant workflow that protects privacy. All alerts are initially anonymized to eliminate bias, favoritism and targeting, all administrative actions within the centralized platform are logged, and all access is limited controlled to support full audit capability.

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Veteran Suicide Prevention

Each day, 20 Veterans die by suicide; 14 of those Veterans are not in contact with the VA.

The Veteran's Affairs administration actively seeks to increase the level of engagement with atrisk Veterans. Realistically, the VA does not operate with enough resources to reach out to every Veteran every day; therefore, it has created calendar-based outreach programs that prioritize populations of Veterans. The Solid Start program supports improved outreach for newly transitioned Veterans, a population at elevated risk. Still, 70% of Veterans die by suicide without direct contact, resources, or engagement from those who can help.

In 2017, the Center for Disease Control (CDC) released a bundled <u>public health</u> approach employing seven broad, evidence-informed (non-clinical) strategies to focus on suicide prevention activities that have been found to effectively impact risk and protective factors surrounding suicide.

- Strengthening economic supports
- Strengthening access and delivery of suicide care
- Creating protective environments
- Promoting connectedness
- Teaching coping and problem-solving skills
- Identifying and supporting people at risk
- Lessening harms and preventing future risk.

Through empirical studies, the CDC and VA have identified known stressors that correlate to death by suicide. These stressors are identifiable through public data and include financial problems and unemployment, substance abuse (e.g., DUI and drug possession) and relationship issues (e.g., domestic violence, assault). Tragically, these known risk indicators are identified and correlated in the post suicide review; We can do better, and we must do better.

ClearForce integrates analytical automation and human interaction with real time "push" based alerting of known stressors and patterns of compounding pressure often identified in financial, criminal, social media, and self/support group reports. These known high-risk data points can be addressed individually or recognized in patterns to enable a real-time contextual understanding of individuals within the larger populations who represent the 70% requiring immediate support. Delivering real-time alerts through a leadership tool enables a more dynamic and timely outreach to Veterans at-risk, so they can receive the resources available at their greatest time of need.

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